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## January E-Newsletter

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**Welcome to the January CVSA ENewsletter!!**



The CVSA Board of Directors and Staff would like to Thank You all for your continued generosity and support. With your help CVSA raised just over **\$23,000** during the #GivingTuesday and Hope Starts Here with Holiday Cheer campaigns.

This past September Dr. David Levinthal, who is one of CVSA's primary medical advisors spoke at the Pennsylvania Society of Gastroenterology 2018 Annual Scientific Meeting. During his presentation he shared this slide which could be useful to those that are needing treatment in an Emergency Department.

# CVS management in the ED

## Do's

**Everyone should be treated** (CHS vs. CVS should not matter!)

Patients without signs of dehydration and/or observed vomiting in the ED:

- Anti-emetics, then enteral hydration
- Diphenhydramine

Patients obviously retching/vomiting and potentially dehydrated:

- **IV Ondansetron** 8 mg x 1 - May repeat q 4-6 hrs
- **IV Ativan** 1-2 mg and/or IV Diphenhydramine (Benadryl) 50 mg for additional sedation
  - \* *If ondansetron ineffective, consider IV fosaprepitant 150 mg if available*
- **For Pain:** IV Ketoralac 30 mg if > 60 minutes from onset; may repeat 15 mg q6hr x 2 (maximum 60 mg/day)
- **Rehydration:** IV fluids (dextrose containing)

Goal: SEDATION (A sleeping CVS patient is undergoing "active therapy"!)



Already love Amazon? How about using **AmazonSmile!** The same great Amazon you love but with .05% of the profits being automatically donated to us!

Thank you to all that set up fundraisers on Facebook with Facebook Donations!

### December Fundraisers

[Alisha Watkins](#)

[Mandy, Ali & Judy Burton](#)

Staci Story Rice  
Victoria Amos  
Tamera Scott Ortega  
Colleen Campbell Montesi  
Pravina Patel  
Nykki Taylor  
Antonio Khari  
Millie Dorkin  
Cathy Smith Wortman  
Sandra Victoria  
Tiffany Cassandra Marcellette Hendel  
Holly Shirley  
Lori Roswald  
Ariana Allison  
Albert Apple Trees  
Vicky Richardson  
Misty Matthews  
Lori Sogoloff Gorman

\*Please note that due to Facebook Privacy settings the CVSA is not always aware of all of the fundraisers that are or have taken place. If you set up a fundraiser please share it with us so that we can Thank You!!

**Join Blynda Killian on the CVSA support call  
on January 14th.**



Finally a way to meet people without having to leave your home!

This opportunity is offered by Blynda in California and she hopes it will give the callers a consistent place to get support and hope. Please remember that **you can call in from anywhere in the World!!** Please note the time zone!

Blynda will be holding a meeting **every 2nd Monday of the month at 6:00 PM (Pacific Time)**. This would be 7 PM Mountain Time, 8 PM Central Time and 9 PM Eastern time.

Blynda is a mom of a CVSer and has lots of wisdom and support to offer you .

The meetings usually last about an hour but you are free to hang up when you need to and you are welcome just to listen.

You will dial the call in number which is **1-866-203-9939 (toll free)** promptly at the time the call is scheduled. When prompted you will enter the participant code number which is **62519**

You will be asked to state your name and then you will be joined into the call.

Blynda will greet you and when all callers are on the meeting will start.

If you have any questions , you can email me, Debbie, at the CVSA Office at [cvsa@cvsasonline.org](mailto:cvsa@cvsasonline.org). Or call me at 414-342-7880.

**I hope you will take advantage of these calls!!**



Cyclic Vomiting Syndrome Association, Inc.  
PO Box 270341  
Milwaukee, WI 53227  
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