



Welcome to the October CVSA ENewsletter!!

**Don't forget that...
CVSA is celebrating
25 years of
Holding up Hope!!!**

**A one year membership is \$25.00
if you become a member or renew by
October 31st!!**

Join or Renew Here

Thank you to all that set up fundraisers on Facebook with Facebook Donations!

September Fundraisers

Jaide Taylor Lamar
Brad Foster
Katrina Ellsworth Ammons
Christie Buchanan
Ashley Schneider
Cindy Johnston
Justina Petty Cain-Falk
Jessica Marie Kdoll-Walker
London Monik

*Please note that due to Facebook Privacy settings the CVSA is not always aware of all of the fundraisers that are or have taken place. If you set up a fundraiser please share it with us so that we can Thank You!!



SAVE THE DATE

**11th Annual CVSA Fundraiser
Silent Auction and Dinner**

Sunday, November 11th, 2018

1:00 - 5:00 p.m.

Drkula's

6710 Cahill Avenue

Inver Grove Heights, MN 55076

pulled pork sandwiches, Hawaiian chicken sandwiches, chips, beans,
coleslaw and fixins'

Contact Maria Buhl at 651-238-6946 with any questions

Cyclic Vomiting Syndrome Association

To donate online: <http://cvsaonline.org/cvsa-donations>



**Join CVSA President Blynda Killian on
Monday October 8th
See below for more details**



Finally a way to meet people without having to leave your home!

This opportunity is offered by Blynda in California and she hopes it will give the callers a consistent place to get support and hope. Please remember that **you can call in from anywhere in the World!!** Please note the time zone!

Blynda will be holding a meeting **every 2nd Monday of the month at 6:00 PM (Pacific Time)**. This would be 7 PM Mountain Time, 8 PM Central Time and 9 PM Eastern time.

Blynda is a mom of a CVSer and has lots of wisdom and support to offer you .

The meetings usually last about an hour but you are free to hang up when you need to and you are welcome just to listen.

You will dial the call in number which is **1-866-203-9939 (toll free)** promptly at the time the call is scheduled. When prompted you will enter the participant code number which is **62519**

You will be asked to state your name and then you will be joined into the call.

Blynda will greet you and when all callers are on the meeting will start.

If you have any questions , you can email me, Debbie, at the CVSA Office at cvsa@cvsasonline.org. Or call me at 414-342-7880.

I hope you will take advantage of these calls!!



Cyclic Vomiting Syndrome Association, Inc.

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